

Read

ANNUAL NARRATIVE REPORT

District Northern

County San Jacinto

Note:
1. Department of Social Services
2. District Agent

COMBINED COUNTY NARRATIVE REPORT

TEXAS

EXTENSION SERVICE

TEXAS A. AND M. COLLEGE SYSTEM

1957

Report of:

<u>Name of Extension Agent</u>	<u>Title</u>	<u>From</u>	<u>To</u>
<u>Gladys L. Grice</u>	<u>Negro C.H.D.A.</u>	<u>Dec. 1, 1956</u>	<u>Nov. 30, 1957</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Mail 3 copies of this report to your District Agents.

Received at College Station _____ 195_____.

BEGIN EACH SUBJECT ON A SEPARATE PAGE

Narrative report on Index.....
(Subject)

District Northova.....

Index

<u>Subject</u>	<u>Page</u>
Safety	1
Community Development	2
Inservice Training	3
Home Management	4-6
Farm & Home Dev.	7-8
Feeds & Nutrition	9-11
Recreation	12-13
Ext. Org. & Pro. Plan.	14-15
Health	16-17
County Situation	18-19

Narrative report on Safety (Subject)

District Northern

In keeping with the Spring Clean-Up campaign this activity was emphasized for the purpose of encouraging farm people and others to be more precautions of the hazards and in their homes, outbuildings and fields.

4-H club members began their clean-up drive in their homes and farm buildings and concentrated their efforts on the removal of useless combustible material that made perfect tinder for any stray spark. Posters were displayed in windows and schools and an announcement of the drive was sent to the press.

The film, Farm Petroleum Safety, was used and through the use of such media a large number of people was contacted. A check in some of the homes showed that as a result of extended information in this area, making use of varied media and personal contacts, the county has been aroused and some of the hazards have been removed.

BEGIN EACH SUBJECT ON A SEPARATE PAGE

Narrative report on.....Community Development.....
(Sub)ect)

District.....Northern.....

As a good citizen and in order to promote good fellowship, the extension worker must not only deal with extension programs but he or she should take an active part in community work and other public affairs.

Listed below are statements which summarize work done by agent in this area:

1. Active member of P.T.A.
2. Member of Fair Board
3. Officer of County Teachers Assoc.
4. Director of Youth Choir
5. Vice-President of Youth Hour
6. Sponsered Community Recreation
7. Bible School Superintendent
8. Vice-President of Women's Missionary Society
9. Addressed P.T.A. group
10. Addressed school group during Public School Week
11. Informed communities of rural contests
12. Helped March of Dime chairman
13. Assist H.D. Council in sponsoring Rodeo
14. Co-Chairman of Community Exhibits
15. Cooperated with school nurse in giving Polio shots
16. Assisted with judging Home Demonstration club and 4-H club exhibits at the South Texas State Fair in Beaumont.

County.....San Isidro.....
Form (105)

Page No.....2.....

Agent.....G. L. Grice.....

Narrative report on Inservice Training
(Subject)

District North

During the period from December 1, 1956 to November 30, 1957 meetings have been attended which were of great aid to me as a new agent. It helped to broaden ~~my~~ my knowledge of the type of work to be done in the Extension Service. The following training and out of county meetings were participated in:

<u>Month</u>	<u>Subject</u>	<u>Location</u>
January	State Agents Conf.	Prairie View
	Feeds & Nutrition	Henderson
February	4-H Workshop	Lufkin
	Upholstering School	Tyler
March	F & H D Meeting	Bronham
April	District H.D. Council	Tyler
May	Clothing Workshop	Henderson
	Basic Equipment	Palestine
June	District 4-H Camp	Hawkins
July	4-H State Camp	Huntsville
	Farmers Short Course	Prairie View
November	Plan of Work	Crockett

County San Jacinto

Agent.....

Narrative report on Home Management (Bedrooms)

District Northern

The aim of the Extension worker is to encourage families to plan for themselves and assist them in making wisest decisions as to improvements or changes. Their needs, desires and resources should be analyzed before making any decisions.

The need for bedrooms which meet the needs of the families considering health, comfort, conveniences, and attractiveness was inevitable, so this demonstration was carried on with the women and girls.

The goal attempted was to get 20% of the families to invest in a good bed. This investment did not necessarily mean buying a new bed, but after bedroom demonstrations were given on requirements of a good bed, it was easier to understand that one could have a good bed without buying a new one.

The following method demonstrations were given the women as a means of reaching these goals:

1. Making a pillow protector
2. Bed linens
3. Requirements of a good bed

The bedroom demonstrators have been given help with their home management problems growing out of their wants and needs and in various areas where the problem laid. These families were helped with their arrangement problems and decoration ideas.

Results:

1. 20% of women learned the value of correct posture while

Narrative report on Home Management cont'd.

District Northern

asleep.

- 2. 15% learned the requirements of a good bed.
- 3. 15% rearranged bedroom furniture for convenience and comfort.
- 4. 10% made pillow protectors
- 5. 10% made mattress covers

4-H Clubs:

This demonstration was carried on with the girls to encourage them to help provide healthful, comfortable attractive bedrooms for their needs. The goals were to have at least three bedroom demonstrations.

The following demonstrations were given:

- 1. Proper lighting
- 2. Bedroom linens
- 3. Color schemes for bedrooms

Demonstrations were given on Proper lighting. Emphasis was placed on the importance of good light for reading and writing, keeping in mind that each home has its own individuality, because rooms differ in size and furnishings, and families differ in their living habits, taste and income.

The demonstration on Bedroom Linens were given to 143 4-H members. The purpose of this demonstration was to teach them the quality of linen to buy, the correct size to buy, and the importance of buying long sheets.

Results :

- 1. 20% of girls encouraged to help mother select the right

County San Diego

Agent G.L. Grice

BEGIN EACH SUBJECT ON A SEPARATE PAGE

~~Home management cent'd.~~

Northern

Narrative report on.....
(Subject)

District.....

kind of bedroom linen.

2. 25% encouraged to improve lighting conditions
3. 30% learned the value of correct posture while asleep.

Plans are made to improve and strengthen next years work by training more leaders who will be able to reach more people.

San Jacinto

County.....
Texas (105)

G.L.Grice

Agent.....

BEGIN EACH SUBJECT ON A SEPARATE PAGE

Narrative report on Farm & Home Dev.

District Northern

Farm and Home Development is a method of doing extension work, a process in which a particular farm family's resources are considered and definite decisions or plans made for realizing their main goals. The mastery of such an approach can only be brought about by the team work of a cooperative, interested farm family and a patient extension worker.

In order to train the agent with the necessary know how, one meeting have been participated in to explain the meaning of F. & H. D., how you can help promote F&HD, ways we can improve F.&HD, the agents role in F. & HD.

The following steps have been involved:

1. Listing goals and problems
2. Acquiring resource information
3. Analyzing resource information
4. Appraising alternatives
5. Family's decision
6. Family's responsibility to accept the results of their decisions.
7. Reviewing plans periodically

County Objectives:

1. To continue working with five families.
2. To expand the work in this phase to other farm families, throughout the county.
3. To encourage safe, well built, well kept homes.

Narrative report on F&H cent (Subject)

District Northern

Goals:

1. Training meetings on record keeping
2. Conduct a demonstration with F&H families
3. Farm and Home Dev. tour
4. Achievement of F&H families

Results:

It is difficult to judge actual results in working with these families. Material results have been slow, but there has been some changes in ideas, attitudes, and practices. I think each family has made some progress at its rate of speed, and all families keep records of some type.

The unfavorable weather conditions has hindered the progress of all families. Because of the heavy rains the families up to this date have not finished harvesting thier crops and have suffered a great loss.

I realize that this phase of work is a step by step process and results do not come over night. I feel that each family has done thier best; however the progress has not been the same as some have greater possibilities than others.

Improvement in this phase of work will be improved next year through the work of the Program Building Committee, and expanding the work to other farm families.

Narrative report on Food & Nutrition (subject)

District Northern

4-H Clubs:

This major demonstration was carried on this year in order to: (1) teach 4-H club girls to conserve, produce, and prepare and serve foods for good nutrition. (3.) to teach good eating habits.

Goals:

1. Each girl learn to plan, prepare, and serve attractive parts of meals.
2. Each girl learn to conserve a portion of the families food.

In order to attempt to reach these goals the following demonstrations were given:

1. Check food habits by Texas Food Standard
2. Prepare pan-bread meat patties
3. Prepare macaroni and cheese

The needs to teach girls to eat the amounts and kind of food needed every day for good nutrition was quite evident. There are problems where the farm families raise the food supply and do not conserve it. Due to the rising cost of food, I think poor diet is contributed largely to this cause.

Girls were encouraged to help produce a portion of the family feed supply and help conserve some of it.

The problem of learning to plan, prepare, and serve attractive meals were given special attention. As is the modern trend of doing things hasty, many families are not taking the time to prepare and serve meals attractively.

Narrative report on Feeds sent to (Subject)

District Northern

Results:

1. More girls learned to plan , prepare and serve attractive meals or parts of meals.
2. More girls helped others
3. More girls helped produce a portion of the family food supply.
4. 85% of the girls helped conserve food.

Mary and Marie Hines two ambitious sisters of the Lincoln High 4-H club has done a good job of freezing, canning and feed preparation. Because of their ingenuity in producing, with the help of their grandparents, they have a home locker full of food for the winter months. The products canned include: 35 containers of vegetables, 55 of fruits, 15 pickles and polishes, 49 jams 49 jellies and 20 preserves. Frozen foods: 20 containers of vegetables, 10 fruits, 35 others, 100 pounds of poultry, and 195 lbs. of meats.(Beef and Pork)

Work will be continued in this area with more help from the county Program Building Committee and more trained leaders.

Narrative report on.....Feeds & Nutrition cont'd.

District.....Northern

H.D. Club:

This program of work was emphasized with the adults to help them plan for the food needs to make for a good nutritional status of each family member.

Goals:

1. Conserve foods by approved methods of canning, freezing, preserving, and storing.
2. Produce the foods which can be practically produced and purchase those not grown at home.
3. Help others to learn and use these practices.

The following method demonstrations were given:

1. Planning a garden
2. Water-bath canning of tomatoes
3. Preparing one-dish meals for dinner
4. Easy fruit cobbler

Results :

1. 25% of women planted gardens
2. 20% conserved their food supply
3. 5% prepared one-dish meals
4. 5% helped others to learn and use these practices

Narrative report on Recreation (Subject)

District Northern

Recreation has been carried on in the county in order to broaden the experiences of club members both 4-56r and adults by association through play with people in their own community and other communities, and to encourage the participation of the entire family in activities they can enjoy together.

Objectives:

1. To develop participation in community recreation .
2. To develop physical fitness.
3. To teach older members to enjoy quiet games.
4. To learn to develop social activity programs in churches and various clubs.
5. To develop an appreciation for music.

The following goals were worked toward:

1. Studying the recreational needs of every member.
2. Encourage the participation of every family in some type of recreation.
3. "Fun Night" in each community at least once a month.

Method Demonstrations:

1. Planning of leisure time
2. Games built at home

Training:

Some type of recreation was carried on at each club meeting in order to help individuals develop themselves through participation in activities purely for the fun in taking part.

Narrative report on Recreation cont'd.
 (Subject)

District Northern

The demonstration on "How I Use My Leisure Time", brought to light how most people spend their leisure time. It was quite evident that most people spend their leisure time cleaning out dresser drawers, and closets and working in the yard and garden. They seem to think that play is only for youth and that there are no other recreational activities they can participate in.

Recreation leaders in each club was trained to assist the agent in presenting the recreational activities carried on at each "Fun Night" in the different communities. At the various socials everyone was encouraged to take part in the games, such as folk dances and action songs. At first some of the adult members were a little reluctant about taking part in the folk games and action songs, but before the close of the year they were more eager to take part and to teach others.

Below are statements which summarize activities carried on:

1. Club picnic held
2. Recreation carried out at each meeting
3. Fun Night in each communities
4. Recreation sponsored by leaders during picnic

This type of recreation will continue with the hope of expanding the program with the help of more recreation leaders.

BEGIN EACH SUBJECT ON A SEPARATE PAGE

Narrative report on Ext. Org & Prog. Planning
(Subject)

District Harthern

An organization is a group of people banded together to achieve a common purpose or purposes. The influence and strength of extension work depends to a great extent upon the influence and strength of the leaders, therefore the County Home Demonstration Council was organized.

The County Home Demonstration Councils are committees responsible to the home demonstration clubs from which their members are selected. They have three main functions: (1.) They serve as advisory committee to the agent, (2.) as demonstration in organizations, and (3) as a means of communication between the community and the agent, between the local clubs and the various organizations with which they cooperate.

The objectives of the council are to develop leadership and to forward and extend home demonstration work among both women and girls in all parts of the county.

Membership :

The members of the H.D. and 4-H councils are made up of the presidents of community clubs and other elected delegate. This group meets once a month.

The home demonstration clubs are made up of women who are interested in improving their methods of homemaking and making adjustments as changes occur. These members realize their responsibility in helping to develop their communities in order that the proper environment for their home and children will be established.

Narrative report on Ext. Org. contd.

District Northern

County Program Building:

The County Program Building Committee is at work . The initial meeting has been held and the committees worked out a list of problems and how to solve them after hearing and seeing in part the background information. The officers for this committee were elected with an intergrated program for the county. The different committees are made up of 4-H girls, women and men. Further training will be given the officers in order that they will be able to accept the total responsibilities of their jobs.

The county organizations were of much service in helping to plan meetings, selecting demonstrations and demonstrators, planning events, assisting with fund drives, assisting with year books, planning the county fair activities, represented State Camps and Council donated \$100.00 to the 4-H camp site.

Goals:

1. Each club member practice correct procedure in making motions,
2. Each member learn and use proper way of amending motions and voting.

These goals were achieved by giving training at each council meeting on the eight steps in making and carrying a motion and how to amend a motion.

Next years work can be improved by keeping these organizations active, and by training more leaders for specific tasks, in order that more people can be reached.

BEGIN EACH SUBJECT ON A SEPARATE PAGE

Narrative report on Health (Subject)

District Northern

Health cannot be separated from foods, clothing, housing and other essentials of a good level of living. When rural homemakers list the problem of most concern to them health always stand at the top or near the top of the list.

Health covers such questions as supply of doctors, nurses and public services; how to care for illness at home; how to get a doctor when needed; how to prevent accidents at home and on the highway; how to meet the high cost of hospital and medical care; how to have a safe water supply; and most of all how to feed the family to keep them in good health.

Health was not named as a major demonstration but how can 4-H'ers and adults be trained without teaching some phrase of health. Part of the 4-H creed says, "We believe in the training of the health for the strength it will give to enjoy life, resist diseases, and to work more efficiently."

The two major demonstrations, were Foods and Bedrooms. In the demonstration on bedrooms emphasis was placed on the importance sleep and the influence it has on ones health. In the demonstrations on Foods, cleanliness preparation was uppermost in mind and to eating three well-balanced meals a day according to the Texas Food Standard.

The adult clubs and F&M families were encouraged to have money set aside for medical care and a good health insurance, improve dental and eye care of children and to keep first-aid sup-

BEGIN EACH SUBJECT ON A SEPARATE PAGE

Narrative report on Health center
(subject)

District Northern

lies in the homes.

One of the major problems in the county was solved in two towns this year. The problem was that of not having a doctor in the county. Cold Spring and Shepherd now have doctors to serve most of the people in the county.

Narrative report on County Situation

District Northern

Better than 90% of the land area of San Jacinto County is in timber. Some 20,000 acres of land could possibly be devoted to cultivated crops but approximately 1/2 of that amount is in improved pastures. Beef cattle ranks first as a source of income with dairying second, while poultry and swine are of very minor importance. A large number of beef cattle are still produced on open range since there are no local laws to prohibit this practice. Some communities have passed laws prohibiting swine from running at large.

The major farm cash crop has been and still is cotton. The county allotment is approximately 5000 acres. Cotton yields generally average around 1/2 bale per acre. Feed crop such as hay corn and small grains for grazing are grown on about 5000 acres. All of the feed grown is used locally, but this is not nearly enough to meet the local demand. Corn yields have increased but the average is still low compared to what it should be.

No market facilities are available for any crop except cotton, a few eggs, and a few vegetables locally. Beef cattle are marketed at auction rings in the adjoining counties and at the terminal market in Houston.

There are nine communities and several neighborhoods in the county. There are two high schools and three elementary schools for white children; two high schools and five elementary for Negroes.

There are three saw mills in operation in the county and one cotton gin. There is a small amount of oil and gas production with the possibility of there being an increase in the near future.

The population of San Jacinto County is 7,272. A large

BEGIN EACH SUBJECT ON A SEPARATE PAGE

Narrative report on County Situation cont'd.

District Northern

percentage of the rural people are 65 years of age or older and depend on State Welfare for a large portion of their livelihood. Approximately fifty percent of the population are Negroes and a large number depend on DC assistance. State Welfare payments to people in San Jacinto County amount to about \$500,000.00 annually.

Practically all of the rural homes have electricity, but a large number do not have running water and modern baths. There are only 175 telephones in the county and practically none of these are in the rural areas. The county has a fairly good network of hard surfaced roads.