
WOMEN'S HOME

DEMONSTRATION CLUBS

SAN JACINTO COUNTY

YEAR BOOK

1957

DEDICATION

This yearbook is dedicated to Miss Sarah Ann Woodfork who under the direction of the ~~Texas~~ Extension Service and with the cooperation of the County Commissioners' Court, was the third Home Demonstration Agent in San Jacinto County. For her service devoted to the rural and non-rural families of the county.

COUNTY OFFICERS

County Judge.Hon. W.G. Ritchey

Commissioner, Precinct 1... C.L. McGowan
Commissioner, Precinct 2... Buddy Polard
Commissioner, Precinct 3... J.W. Warren
Commissioner, Precinct 4... B.E. Hopkins

Legislature

Congressman.....John Dewdy
State Senate.....Mrs. Nevielle Colson
State Representative.....J.C. Hooks

EXTENSION SERVICE

Director.....G.G. Gibson
State Leader.....W.C. David
Supervisor of Home Dem.
Work & Dist. Agent.....P.R. Brown
County Home Dem. Agent..G.L. Grice

COUNTY HOME DEMONSTRATION COUNCIL

Chairman.....Mrs. J. Hines
Vice-Chairman.....Mrs. D. Brown
Secretary..Mrs. S. Barnes
Treasurer.....Mrs. D. Martin

PROGRAM BUILDING COMMITTEE

Chairman.....Mrs. R. Bass
Vice-Chairman.....Mrs. J. Jenkin
Treasurer.....Albra Elmore
Secretary.....Doris L. Boyd

1957 PROGRAM

for Home Demonstration clubs will be based
on the following major demonstrations:

1. Foods and Nutrition

2. Bedroom

ORDER OF BUSINESS

1. Call to order
2. Opening exercise
3. Roll call
4. Reading of minutes
5. Unfinished Business
6. New Business
7. Report of Committees
8. Demonstration
9. Recreation
10. Adjournment

*It is well for a man to respect his own vocation whatever it is, and to claim for it the respect that it deserves.¹³

SCHEDULE OF MEETINGS

January_ Agent

Date.....,Hostess... ..
Roll Call: Bedding thats too heavy.
Demonstration: Warm Bedding

January- Without Agent

Date.....Hostess.....
Roll Call: My greatest garden enemy
Demonstration: Insect control

February- With Agent

Date.....Hostess.....
Roll Call:The size of a garden
Demonstration:Planning a garden

February Without Agent

Date.....Hostess.....
Roll Call:How I use my leisure time
Demonstration: Planning of leisure time

" You cannot do a kindness too soon;be-
cause you never know how soon it will
be too late"

March With Agent

Date.....Hostess.....

Roll Call:.....

Demonstration: Eight steps in making
and carrying a motion.

March- Without Agent

Date.....Hostess.....

Roll Call: My favorite indoor game.

Demonstration: Games built at home.

April- With Agent

Date.....Hostess.....

Roll Call:

Demonstration: Reporting news to the
paper.

April- Without Agent

Date.....Hostess.....

Roll Call: How I store my clothing,
toilet articles, etc.

Demonstration: Storage for clothing,
cosmetics and toilet articles.

Those who wish to sing always
find a song.

..... May- With Agent

Date Hostess
Roll Call: How can you add to the comfort of
your pillows.
Demonstration: Bedroom Linens.

May- Without Agent

Date Hostess
Roll Call:
Demonstration: Duties of a president and
vice president.

..... June- With Agent

Date Hostess
Roll Call: My problem in canning tomatoes suc-
cessfully.
Demonstration: Water-bath canning of tomatoes.

..... June -Without Agent

Date Hostess
Roll Call:
Demonstration: Duties of a Secretary.

3 The greater the obstacle the more glory in
overcoming it. 4

July- With Agent

Date.....Hostess.....
Roll Call:How I make my bed
Demonstration: Requirments of a good
bed.

July -Without Agent

Date.....Hostess.....
Roll Call: My favorite summer fuuit
desert.
Demonstration: Fruit Deserts

August- With Agent

Date.....Hostess.....
Roll Call:An expensive pillow protector.
Demonstration: Making a pillow protect-
or.

August- Without Agent

Date.....Hoetess.....
Roll Call:Safe ways to reduce
Demonstration: Special meals for over-
weight.

To give one a piece of your mind,
gives something you need most.

September- With Agent

Date.....Hostess.....

Roll Call:

Demonstration: 1. Club report on summer activities.
2. Fair EXhibits (special)

September -Without Agent

Date.....Hostess.....

Roll Call: What protection does my mattress cover give my mattress?

Demonstration: How to make a mattress cover.

October -With Agent

Date.....Hostess.....

Roll Call: My favorite one-dish meal.

Demonstration: Preparing one-dish meals for dinner. (corn-bread ring).

October -Without Agent

Date.....Hostess.....

Roll Call:

Demonstration: Preparation and serving of other one-dish meals.

"The woman who want to do something; find a way ;the others find excuses."

November- With Agent

Date.....Hostess.....
Roll Call:Relation of sleep to health
Demonstration: Healthful Sleep

November- Without Agent

Date.....Hostess.....
Roll Call:How I store my woolen blankets.
Demonstration: Care Of Woolen blankets

December -With Agent

Date.....Hostess.....
Roll Call; The Meaning of Christmas
Demonstration: Ideas for Christmas parties and dinners.

There will be only one club meeting this month. The 4-H girls will assist with a Christmas Party

"When Success turns a persons head he is facing failure".

May you have the gladness of Christmas which is hope;the spirit of Christmas which is Peace; the heart of Christmas which is love."

SPECIAL EVENTS

Annual Picnic

Farm and Home Development Tour

County Fair Display

Christmas Party

"Prepare a Cemetery for your unkind
thoughts."

Christmas is a time of tradition-
of church service and caroling, Santa
Claus, glistening trees, surprise gifts
and hospitable entertainment. Let the
food served at holiday parties help carry
the gala spirit of entertainment.

YULETIDE DINNER

Shrimp Cocktail

Roast Turkey

Dressing

Giblet Gravy

Candied Yams

Buttered Broccoli

Fruit Salad with French
Dressing

Ripe and Green Olives

Cranberry Sauce

Celery Curls

Hot Rolls

Butter

Fruit Cake

Jello Whip

Coffee

- CHRISTMAS KITCHEN GIFTS

1. Home made candies always make a hit.
Make them several days ahead of time and
and pack in ten boxes.
2. Gala popcorn balls or popcorn and peanuts wrapped in colored cellophane and tied with bright ribbon are good gift for children.
3. Pack cookies in decorative tins or gaily wrapped boxes. They will be gratefully enjoyed throughout the yuletide season.
4. Jams, jellies, cakes pies or whatever you decide to give from your kitchen will always be appreciated, and you'll be remembered for a gift with its personal touch.

THE CHRISTMAS TREE

The Christmas tree is always the center of interest; native cedar, pine, live-oak, and spruce are pretty. We like them in their natural green color; however they can be sprayed and color you like. Let the children string popcorn and cranberries and make cutouts of aluminum or gold foil. Commercial decorations are plentiful and varied.

POPCORN BALLS

5 qts. popped corn	2 cups sugar
$1\frac{1}{2}$ c. water	Pinch of salt
$\frac{1}{2}$ c. light corn Syrup	1tsp. vinegar
1 tsp. vanilla	

Keep popcorn hot and crisp in slow oven(300 to 325F.) Boil sugar, water, salt and corn syrup until it forms a very hard ball. Add vinegar and vanilla and boil to light crack stage. Slowly pour over corn stirring well so that every kernel is covered. Press into balls and let stand in cool place until hard. Wrap in moisture-proof paper.

FESTIVE FRUIT CAKE

$\frac{3}{4}$ c. Pet Evaporated Milk	$\frac{1}{2}$ tsp. cloves
2 doz. finely cut marshmallows	$1\frac{1}{2}$ c. seedless raisins
one-third c. orange juice.	($\frac{1}{2}$ golden $\frac{1}{2}$ dark are best).
6 doz. $\frac{1}{2}$ in. graham crackers.	$\frac{3}{4}$ c. finely cut dates.
$\frac{1}{2}$ tsp. cinnamon	1 cup broken walnuts
$\frac{1}{2}$ tsp. nutmeg	$1\frac{1}{2}$ c. cut-up candied fruit.

Line bottom and sides of a loaf pan with wax paper. Put into a bowl the milk, marshmallows and orange juice. Let stand until needed. Roll graham crackers into fine crumbs. Put crumbs into a large bowl with the spices

raisine, dates and walnuts. Add candied fruit and milk mixture . Mix with a spoon then with hands until crumbs are moistened. Press firmly into pan. Top with additional fruit and nuts. Cover tightly. Chill two days before slicing. Keep in cool place. Makes $3\frac{1}{2}$ lbs.

4- H CLUB GIRLS

YEAR BOOK

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1957

NAME.....

DISTRICT.....

ADDRESS.....

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Commissioners Prec. 1....C.L. McGOWAN
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WHAT EVERY CLUB MEMBER SHOULD KNOW

1. Date, place, and time of meeting
2. The story of 4-H Work
3. Club Prayer
4. Club Pledge
5. Club Motto
6. 4-H club songs

THE AMERICAN FLAG SALUTE

I pledge Allegiance to the flag of the United States of America and to the Republic for which it stand; one Nation, under God, indivisiabale, with Liberty and Justice for all.

4-H CLUB PLEDGE

I PLEFGE:

My Head to clear thinking
My Heart to greater loyalty
My Hands to larger service and
My Health to better living
For my Club, my Community, and
my Country.

4- H EMBLEM:

The four -leaf clover with the letter 'H' on each leaflet, meaning four square development of the Head, Heart, Hands and Health; is the accepted emblem. The four -leaf signifies "GOOD* LUCK".

1957 PROGRAM

for 4-H Demonstration Clubs will be based on the following major demonstrations:

1. Foods and Nutritions

2. Bedroom

4-H CLUB COLORS

Green and White-

White symbolizes purity and high ideals. Green is nature's most common color and is emblematic of springtime, life, and youth.

SPECIAL EVENTS

Educational Exhibit at CO. Fair
Annual meeting
Christmas Party
4-H Camp

4-H CLUB MOTTO

TO MAKE THE BEST BETTER

4-H CLUB PRAYER

Help me Oh Lord, to so live that
the world will be a little better
because thou did'st make me. AMEN.

4-H CLUB CREED:

I believe in 4-H club work for the
opportunity it will give me to be-
come a useful citizen..

I believe in the training of the
Head for the power it will give me
to think, to plan, and to reason.

I believe in the training of the
Heart for the nobleness it will give
me to become kind, sympathetic, and
true.

I believe in the training of the
Hands for the dignity it will give
me to be helpful, useful, and skill-
ful.

I believe in my country, my state,
and my community, and my responsibility
for their development. In all these things
I believe, and I am willing to dedicate
my efforts to their fulfillment.

4-H Club Program

Place:

Month:

Day:

Hour:

Business

Call to order by the President

SongAll

Roll Call:

4-H club Pledge.....All

Pledge Allegiance to American Flag..All

Reading and Approval of Minutes.

Old Business

New Business

Committee Reports

Demonstrations

Recreation

Adjournment by President

"Doing thing by halves is worthless,
because it may be the other half that
counts."

SCHEDULE OF MEETINGS

January

Date.....Hostess.....
Roll Call: The kind of light I use for
reading.
Demonstration: Proper Lighting.

February

Date.....Hostess.....
Roll Call: How I spend my leisure time.
Demonstration: Planning of leisure time.

March

Date.....Hostess.....
Roll Call:
Demonstration: Check Food habits by Texas
Food Standard.

April

Date.....Hostess.....
Roll Call: Pan-Broiled meat patties in
my diet.
Demonstration: Prepare Pan-broiled meat
patties.

May

Date.....Hostess.....
Roll Call: Why I like colored linens.
Demonstration: Bedroom Linens.

" Honest labor conquers all things."

NOVEMBER

Date.....Hostess.....
Roll Call;
Demonstration: Planning meals using
pan-broiled meat patties.

December

Date.....Hostess.....
Roll Call;
Demonstration: Ideas for Christmas
gifts and parties.

Girls will assist women in conducting a Christmas Party.

"May you have the gladness of
Christmas which is hope; the spirit
of Christmas which is peace; the
heart of Christmas which is love."